



INTERNATIONAL YOUNG ADULTS COORDINATOR

SATHYA SAI INTERNATIONAL ORGANISATION

“Nature is more progressive than Man, and to protect Nature, Man has to make use of it within limits. When Man tampers with Nature recklessly, it reacts adversely and trouble arises. In order to protect Nature, Man has to place a ceiling on desires.”

Sathya Sai Baba (SSS 26.3: 21 January 1993)

Dear Brothers and Sisters,

Om Sri Sai Ram.

The International Serve The Planet (STP) Subcommittee 2018 is pleased to launch its first module on ‘Energy’ as part of its continuing theme ‘Protect The Planet’ with a focus on ‘Ceiling on Desires.’

This module will look at:

- What is energy (physical, mental, spiritual)
- Sources of energy including renewable vs. non-renewable energy
- Impacts of energy use on the environment

And attached herewith are the following materials that have been developed to help implement this initiative at your centers and groups:

- Study circle guides;
- Supplemental PowerPoint presentations on the study circle guides;
- Suggested activity guide for students, as a part of 2018 STP SSE H.E.L.P 2.0 initiative;
- Graphic highlighting the three STP modules for the year;
- Poster on Earth Hour observance with suggestions for conserving energy on a daily basis.

Material can also be found by clicking on the link below:

<https://drive.google.com/drive/folders/1SSJZhOAGOonLh3j-5PbwpFUHDC8svq3u>

How can you help us in encouraging participation?

1. Encourage your family, center and zone to engage with the topic on Energy and provide support with the materials that are attached;
2. Share contact details of National Young Adult, National Service Coordinators and National STP/Envirocare/Go-Green Coordinator in your zone, so the STP Team can provide direct support to them in implementing STP programme. Please share their details here: <http://bit.ly/2lySQy8>;
3. Visit and share the STP website to members as it contains several helpful resources on ‘Protect The Planet’ – kindly note, it will be updated routinely:
<http://www.sathyasai.org/ya/serve-the-planet>;



yacoordinator@sathyasai.org
@saiyoungadults sathyasai.org/ya

INTERNATIONAL YOUNG ADULTS COORDINATOR

SATHYA SAI INTERNATIONAL ORGANISATION

Serve The Planet was launched as a global initiative of the Sathya Sai International Organisation (SSIO) in 2013. This year's STP is the continuation of last year 'Protect the Planet' initiative, where we will be exploring 'Ceiling on Desires' (COD) in relation to Energy.

2018 STP Modules: Throughout the year, the following three modules will be released:

1. **Source of Energy** – looking at what energy is, where it comes from, renewable vs. non-renewable energy and the impacts this has on our planet;
2. **Energy Use in Daily Life** – looking at how we use physical energy on a daily basis, choices we make and our behaviours--from what we buy to the technology we use, the energy and natural resources we consume and so forth --, and how we can apply COD to reduce our energy use;
3. **Mental and Spiritual Energy** – looking at more subtle forms of energy, the impact of our thoughts on the environment, the power of love, prayer and meditation.

What you may expect from us: The STP Team will be sharing various resources to enable all members to participate in the STP programme, including:

- Study circle guides and supplemental presentation slides
- SSE lesson plans and/or activity suggestions
- Infographics and posters with facts/tips for social media and wider distribution
- Mini-booklet on practical tips related to energy, water, plastic and food
- Mini-booklet on service and outreach guide to help engage the broader community

The Sathya Sai Young Adults will be supporting, participating and leading various aspects of the SSIO's first Go Green Conference to be held in Prasanthi Nilayam on 25–26 July 2018. The two-day conference will be a source of spiritual enrichment and environmental awareness, and we encourage all attend it. Please visit: www.sathyasai.org/events for details.

We are very excited to work with all of you and continue to learn and practice Sathya Sai Baba's message on loving and caring for the environment through STP 2018!

For further details please contact me or email the International STP Team:
servetheplanet.ssio@gmail.com.

On behalf of the International STP Team, thank you for your continuous love and support.

With Love and Sai Ram,

Deviesh Tankaria BEM

International YA Coordinator

yacoordinator@sathyasai.org



yacoordinator@sathyasai.org
@saiyoungadults sathyasai.org/ya